

October 2023

September '23							November '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Chicken Nuggets	3	4 Pizza	5	6 Grilled Cheese & Tomato Soup	7
8	9 French Toast Sticks W/ Sausage	10	11 Pizza	12	13 Mac and Cheese	14
15	16 Walking Tacos	17	18 Pizza	19	20 Bosco Sticks & Sauce	21
22	23 Noodles - Plain or Spaghetti Sauce with Meatballs	24	25 Pizza	26	27 Hot Dog / Coney	28
29	30 Chicken Noodle Soup & Garlic Bread	31	1 Pizza	2	3 Hamburgers	4
5	6	Notes				